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SP6-49 Evaluation of the deficiency of vitamin D in a population of women in Brazil: pilot study

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Abstract

Introduction Vitamin D serum dosage evaluation in 40 women submitted to the WHO Healthy Life Quality—SHORT FORM 36 (SF-36).

Methods Cross-sectional, random study of 40 patients in a private practice, submitted to the SF-36 questionnaire and to a Vitamin D serum dosage.

Results Average age is 52 years (± 8.58); 95% of participants have a college degree. The great majority displays skin pigmentation between levels II (40%) and III/III (55%), according to the Fitznerald Skin Types, and 75% of them relate scarce sun exposure. The average dosage at levels (< 30 nm/ml) were detected in 90%

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